THE BLUEBILL



FLYER

A monthly Publication of the Olympic Peninsula Bluebills Bluebills is a Boeing-supported Volunteer Program

Editor: Cynthia Ann Joyner June 2007

Gifts-In-Kind Program

by Val Vogt





In May, the Gifts-In-Kind program delivered goods to 7 agencies in Port Townsend and 4 schools in Mason County. The schools in Mason County are new to the program and have only received one shipment previously. This month they put in a really big order. Bonnie and Lee Douglass volunteered to drive the goods to Shelton where the schools are located. We loaded their trailer to the gills and down the road a bit, the trailer started giv-ing them some problems. They could only drive 40 mph the whole way so it took them 8 hours to get to Shelton, deliver to four schools and return home. What troopers! A big hand for the Douglass'.





Lee and Bonnie Douglass



Just to let you know how excited the schools were with all their goods, I'm including one of the emails I received that same afternoon.

Thank you, thank you !!!!!

Kathy Simmons

Bordeaux Elementary School

Shelton, WA

And another:



Dear Val,
Thank you, thank you!! We were
thrilled to receive our items
today. Our clients and staff are
very grateful. Please be sure to
pass the word on to your
volunteers.
Susan Corcoran,
Jefferson Country Mental Health
Services

As you can see, these agencies and schools are very grateful to receive these products and we continue to think of ways that we can keep this program going. It means a lot to the clients in the three counties we service.

A big "thank you" to all the people involved in this program; the drivers, the volunteers who unload the trucks and do the inventories, the volunteers who return to load up trucks and trailers for delivery and the drivers who do the actual delivering. A large number of people are necessary to make this program work and each and every one makes a huge difference.



BLUEBILLS REPAIR MORE BIKES



On May 5 Bluebills picked up nineteen bicycles, two scooters and one powered two wheel scooter from the Port Townsend Police Department. They were very glad to see GEORGE ANSLEY, JACK HAWKER and RUSS ROUSSEAU arrive with their pickups and Russ's trailer. The police department has a small storage space for abandoned bikes. They have to hold these bikes for sixty days before they can be released so there is always a backlog of bikes in storage and it gets so filled up they no longer have a place to put newly abandoned bikes. That's when they welcome our arrival.

Of the nineteen bikes, twelve were repaired the same day by Russ, George, and Jack. Also helping were Larry Elton and Myron Vogt. Six of the bikes were taken to OLYCAP in Port Townsend for redistribution. Other Jefferson County Agencies will be contacted and the bikes eventually distributed through them.

This month we also picked up a motorized scooter, which seems to be in good shape except lacking a seat. None of us are familiar with this kind of vehicle and wonder if any Bluebills wants to take it and try a repair. If so, contact Myron Vogt.

If anyone is interested helping with this program, contact George Ansley.

The next pickup will be July or August.



This motorized scooter needs a seat but looks like it can be repaired. If any of you want to try to get it running, please contact Myron Vogt.



George Ansley, Bluebill Bike Program Coordinator, works on repairing awomen's bike. This bike, plus five others, was turned over to OlyCap for redistribution

THE CALENDAR





HOW THE BLUEBILLS GOT STARTED CHAPTER 3

FROM JACK RANDALL

April 15, 1998 we had an agreement with Jim Westall for office space with a move-in time of June 1st. Now we had an office, a phone, furniture, computer and a post office box. Homer Evans made sure that our computer had our membership information accurate. Eunice Kelly staffed the office part-time. I even went in a few times to help out.

Our landlord, Jim Westall, wanted to be sure that we were performing as we had earlier stated, so he asked for a meeting, with one of his staff, to review our operation. I asked Myron Vogt to join me in that meeting. We only had to meet once, since Jim was convinced we were doing what he expected.

When I asked Myron, I suggested that he join me as I was recommending him to be the next Chair.

On April 16th, Robert Enders, our Publicity Chair, entered an article in the Boeing News about our May 7, 1998 meeting. It was the only time that any Bluebill Chapter had anything published in the Boeing News. Unfortunately Robert died a few years ago. His wife Roberta still lives in the area.

A new draft of the bylaws were available, but not yet approved by the Central Committee. I had believed that we were a non-profit organization, but learned that because we were an extension of the Boeing Community Relations Department, therefore not a non-profit.

In the middle of April, John Luebke became a part-time liaison between us and the Boeing Community Relations Department. That was the beginning of an interesting relationship.

-- More Next Month



For April we had 833 hours, which gives us 3,071 year to date.
Last year we had 2,645 hours thru April so we are doing pretty well. Jack Hawker

THE BLUEBILL SPOTLIGHT IS ON







PATRICK DOWNIE

TERI WENSITS

Catholic Community Services Volunteer Chore Services of Clallam County.

VCS is the main Bluebill contact for our work in Clallam County. They find the clients, (often referrals from Olympic Area on Aging), handle the funding and cover uswith insurance. In 2006 Bluebills did 43 VCS-sponsored projects in Clallam County. We build 28 ramps and did 15 other jobs such as installing grab bars and stair railings, raising chairs and doing minor home repairs. **Howard Schaible and Larry Elton** are the Bluebills Independent Living Coordinators for Clallam County They always have their hands full but do a great job. Making their task a little easier is the helpful staff at VCS, **Pat Downie and Teri Wensits**. We are lucky to have them as our partners.

Here is a little more about VCS, provided by Pat Downie..

The Volunteer Chore Services program in Clallam County has grown significantly in the last several years. Last year, remarkable 11,274 hours of service were provided to 154 clients. Many of those hours were provided by a roster of outstanding group volunteer partners, including the Olympic Peninsula Bluebills and the staff of local businesses such as Olympic Medical Center, First Federal Savings & Loan, Red Lion Hotel and a broad range of local organizations

such as Emergency Elder Care of Clallam County and a variety of county-wide churches and civic organizations. The services provided by the Bluebills, like those of each of our volunteers, help to fulfill the mission of Catholic Community

Services to provide the assistance necessary to enable our clients to live with security and dignity in the safety of their own homes.

The Program Coordinator of Volunteer Chore Services in Clallam County is Patrick Downie. He joined the organization in February 1998 after a 25 year career as a business owner, professional real estate consulting and commercial real estate brokerage and development. Teri Wensits became the VCS Office Assistant in September 2003. Together they have been successful in developing an active volunteer recruitment program and establishing a strong relationship with other senior service providers throughout Clallam County. VCS Clallam County, which is a United Way Partner Agency, also serves on the Peninsula Regional Human Services and Transportation Coordination Council and the CARE Partnership, a Robert Wood Johnson Foundation supported organization dedicated to improving the long term care and supportive service systems of older adults.

Barbara Berthiaume

Is co-ordinating the members who do not have e-mail to see who would like a copy of the *FLYER* mailed to them each month.

She has contacted the 14 people who do not have email. She is in the process of getting volunteers to mail a copy to **one** of these members each month.

This is to let members know that this is a project in progress, and if anyone would like further information or can volunteer to copy and mail one FLYER a month, please contact her.

Barbara Berthiaume at bberthiaume@cablespeed.com>

A Different Kind of Ramp



Painters are Dick Gilden and Russ Rousseau. Other Bluebill Builders were Jack Hawker, Larry Elton and Myron Vogt.

Our typical ramp is a permanent installation. We install posts in the ground and use heavy framing lumber. However, last month we had a request to build a ramp for a client who lived in a RV park. We had to make the ramp movable as no residents are supposed to park long-term and it was also necessary to be able to move the ramp out of the way to get the RV out of the assigned site.

We ended up building a ramp in sections and out of lighter material. Because of the light weight and break-down into sections we were able to build the ramp off-site and install it on concrete blocks.

The picture shows the final step, painting.









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HOW SAFE IS YOUR HOME?

In a recent New Yorker article on geriatrics a case history of an eighty-five year old patient was reported. The woman had lower back pain, arthritis, both knees had been replaced, high blood pressure, colon cancer surgery and an undiagnosed nodule on her lung. Doctors were treating each of her symptoms. However, from the viewpoint of the geriatric specialist the single most serious threat she faced was not the lung nodule or the back pain or any of her other problems.

It was falling.

Each year about three hundred and fifty thousand Americans fall and break a hip. Of these forty percent end up in a nursing home and twenty percent are never able to walk again. The three primary risk factors for falling are poor balance more than three prescriptions, medications and muscle weakness. (1)

Grab bars, railings, ramps and steps are our Independent Living Program "bread and butter". Take a look at your home and that of your friends. If you think any of these could reduce your risk of falling or just help you get up and down, let one of the Independent Living Coordinators know about it. Their names are in the Leadership listing. – from Myron Vogt

(1) April 30, 2007 New Yorker Magazine.



The unfortunate need people who will be kind to them; the prosperous need people to be kind to.

- Aristotle







THE COST FOR
GOLF WILL BE
\$28.00 DOLLARS.
THIS INCLUDES A
CART.
WE WILL BE
PLAYING TRAIL
WITH A
SHOTGUN START
AT 11 AM.



WE WILL SEE YOU <u>GOLFERS</u> AT

10 AM GOLF COURSE IN PORT LUDLOW

NON GOLFERS AT THE SOCIAL AT 2 PM AT NIBLICKS AT THE GOLF COURSE



MENU

PULLED PORK SANDWICHES,

BAKED BEANS

COLE SLAW

COOKIES

BEVERAGE

FROM PARADISE BAY
ROAD TURN ONTO TEAL
LAKE ROAD TO
HIGHLAND DRIVE. TURN
RIGHT AND FOLLOW
HIGHLAND TO THE GOLF
COURSE AND NIBLICKS







PLEASE RSVP BY MONDAY, JULY2ND, HOWARD SCHAIBLE 360- 437-0756 h6565@cablespeed.com

or

MICHAEL GRAHAM 360- 437-5052 michaelg@cablespeed.com



What is Lifeline? It is a system that allows people to call for help at any time under any circumstances. It works like this: The client wears a wrist band or a pendant that has a help button on it. A Lifeline unit (Similar to a telephone recording machine) is connected to the phone line. If the person falls, cannot get to the phone or has a medical emergency of any sort they can push the help button on the wrist band or pendent and it will dial a Lifeline Monitoring Center who will take the proper action.

Catholic Community Services, Volunteer Chore Services, has been one of the agencies who have been installing Lifeline in Jefferson County. Unfortunately the volunteer who was doing this for VCS has had to give it up for health reasons and Bluebills have been requested to take it over.

There will be three or four installations per month and each job requires about an hour to set up the unit and explain the operation to the client. The area we would cover is Port Ludlow, Port Hadlock and Port Townsend. Volunteers would be trained prior to the first job.

If we could get two or three members to handle this it would be a good opportunity to help the elderly in the community.

Please contact Myron Voqt if you can help or want more information.





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