



BOEING RETIREE VOLUNTEER PROGRAM



The Boeing Company
Box 3707 M/S OF-KA
Seattle, Wash. 98124-2207

Sno-King Boeing Retiree Volunteers General Meeting

Our speaker this month will be—

Paul Ruskowski

**Boeing Everett Employees Activity Center
September 22nd—4th Thursday, 1:00 PM**

Come early and share a snack and coffee and socialize

Bring another Boeing retiree

SNO-KING BOEING RETIREE VOLUNTEERS OFFICE & MEETING ROOM

Located in the Boeing Everett Activity Center which is 2½ miles North of the Boeing Everett Plant

From either direction (East or West) on Highway 526 (Boeing Freeway), take the Seaway Blvd turnoff. Proceed northerly for approximately 2½ miles. The Activity Center is at the top of the next hill after you drive down through the big curve in the gully.

Lots of parking in front of the building.

Chairman's Report

Our annual Recognition Luncheon will again be held at Shawn O'Donnell's, located just east of I-5 at 122 128th St. SE. The date: Thursday, October 27th at 12:00 Noon. Follow the drive around the east side of the building to the parking lot in back and enter at that level. A special treat this year, the Bodacious Ladyhood, an a cappella trio, have agreed to perform. There is limited seating (85) for this event so please call Stan Shipley at (425) 487-2533. First come, first served!

On Thursday, September 29th, the Snohomish County Veterans Assistance Program will provide "Veterans Cultural Competence Training. Attendees will gain an understanding of military stressors, re-adjustment issues, invisible wounds and veteran practices, to better serve their clientele, who are veterans. As a veteran, I have signed up to attend this training.

Bob Krull

God's Plan for Aging

Most seniors never get enough exercise. In His wisdom God decreed that seniors become forgetful so they would have to search for their glasses, keys and other things, thus doing more walking. And God looked down and saw that it was good.

Then God saw there was another need. In His wisdom He made seniors lose coordination so they would drop things requiring them to bend, reach and stretch. And God looked down and saw that it was good.

Then God considered the function of bladders and decided seniors would have additional calls of nature requiring more trips to the bathroom, thus providing more exercise. God looked down and saw that it was good.

So, if you find as you age, you are getting up and down more, remember it's God's will. It is all in your best interest even though you mutter under your breath.

This newsletter

This newsletter is also on our website in [living color](#)

<http://www.bluebills.org/snoking.html>

CLC Report

Myron Vogt from Oly-Pen chapter presented a plan for 2017 to increase member participation in volunteering. He is particularly concerned because volunteer hours have dropped off. For example, volunteer hours in Oly-Pen are expected to drop off from 15,400 hrs in 2015 to about 12,500 hours in 2016. This drop off phenomena may be true for the other chapters, but I don't have the numbers.

Myron's plan is to survey existing membership, gather data, and develop an action plan. That is a good idea, and my opinion is that phone calls to members is a good way to determine their interest in volunteering. If they are not involved, it is a good way to inform them of opportunities. Such calls would also help to personalize each chapter. Another option is blind surveys via email or mailing out survey forms. I personally judge that process to be less effective for Sno-King.

If you have ideas of how we can increase volunteering in Sno-King, talk to Bob Krull or me.

Stan Shipley



Volunteer Hours

Hi All,
It is time to submit your Bluebills volunteer hours for the month of August or any previous month. If you have hours that have not been reported, you may submit those also. Thanks for your input.

Max

Sew N Sews

Hi

Thank you **ELLA KRULL** for the 10 crocheted baby afghans - a beautiful array of colors to bring cheer to babies and their mommas.

A delivery of baby afghans was made to Catholic Community Services. Also a delivery of 4 twin sized quilts (made by **RJ**) to St. Joseph. One more is ready for delivery. Currently I am using up leftover Christmas scraps to make Christmas quilts for St. Joseph.

Hope all of you had a nice summer and hope to see you at our next meeting.

Sew long,
Rose



Above: Youngsters' sweaters knitted by **WANDA THOMAS**

Below: Baby afghans crocheted by **ELLA KRULL**



Nine Important Facts to Remember As We Grow Older

9. Death is the number 1 killer in the world.
8. Life is sexually transmitted.
7. Good health is merely the slowest possible rate at which one can die.
6. Men have two motivations: hunger and hanky panky and they can't tell them apart. If you see a gleam in his eyes, make him a sandwich.
5. Give a person a fish and you feed them for a day. Teach a person to use the internet and they won't bother you for weeks, months, maybe years.
4. Health nuts are going to feel stupid someday, lying in the hospital, dying of nothing.
3. All of us could take a lesson from the weather. It pays no attention to criticism.
2. In the 60s, people took acid to make the world weird. Now the world is weird, and people take Prozac to make it normal.
1. Life is like a jar of jalepeño peppers. What you do today may be a burning issue tomorrow.

Don't ignore this message. This is your only warning!

Meeting Photos



Mileage Reimbursement Information from RSVP

Greetings All,

I am happy to report that our fundraiser at the Evergreen State Fair was very successful. We are once again able to provide mileage reimbursement for all volunteers! The reimbursement rate is \$.44 a mile with a cap of \$25.00 per month. I am attaching the form. (Ed. note: Contact Paulette for the form.) A new reimbursement form will be included with your check each month.

Please turn it in by the 5th of the month following your volunteer service.

There are just a few things to keep in mind:

- 1) Volunteers must have a valid Washington State driver's license with license, auto insurance and license plate information on file in the RSVP office.
- 2) All reimbursement forms must be filled out in ink.
- 3) All forms must be signed by you and your volunteer supervisor.
- 4) Odometer readings and trip totals must be noted on the back of the form.
- 5) All forms are due at the end of the month.

Yours in Service,

Paulette

Paulette Jacobson

Director, RSVP of Snohomish County

Catholic Community Services

1918 Everett Avenue

Everett, WA 98201

[425-374-6311](tel:425-374-6311)

[425-257-2120](tel:425-257-2120) Fax

paulettej@ccsww.org



Volunteer Opportunities

Ongoing opportunities -

SCIENCE RESOURCE CENTER – at Hawthorne School in North Everett. (North on Broadway, right turn on 12th, left at first stop sign and follow the road to the smaller parking lot at back of school.) Helpers are needed Tuesday, Wednesday or Thursday from 8:30 am to 1:00 pm and can be mostly a sit down activity. Contact Lee Thomas robtlee@frontier.com.

ST. JOSEPH’S HOUSE – 1925 4th St. Marysville, WA. Low income/homeless clients shop here for free clothing, personal items and housewares. Helpers are needed any day of the week.

www.saintjosephshouse.org.

PROJECT LINUS – Quilts are made and donated to a variety of agencies mainly for children up to age 18. There are a variety of activities to be involved with and some don’t require any sewing skills. You can work at home or come to a group session where you can learn many new skills. There are several locations

in the area including Carl Gipson Senior Center in Everett that meets the 2nd Tuesday of the month at 12:30pm.

SEW ‘N SEWS -- part of Sno-King Bluebills. This is open to those who like to sew, knit or crochet. Quilts and other items such as hats, scarves and afghans are all donated to a variety of agencies in the local area for the low income and homeless.

Other volunteer opportunities available –

Contact RSVP John McAlpine at johnm@ccsww.org or call 425-374-6374.

Each week the Herald lists volunteer opportunities that are available. Many are a onetime only event. They are worthwhile checking into as there are new ones listed each week. For more info re: any of the above, contact Rose Johnson 425-259-4309.

DATES TO REMEMBER!!

Sno-King Boeing Retiree Volunteers Meeting, Thursday, September 22nd at 1:00 PM

This month’s speaker will be

Paul Ruskowski

Annual Recognition Luncheon at Shawn O’Donnell’s, just east of I-5 on 128th St SE

Thursday, October 27th at 12:00 Noon

Sno-King Boeing Retiree Volunteers Council E-mail / Phone List

**Sno-King Boeing Bluebills office . . . (425) 717-6750 E-mail . . . snokingbluebills@boeing.com
Bluebill Web Page for all Chapters . . . www.bluebills.org**

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Rose Johnson	1st Vice Chair/Sew ‘n Sews.....	roza1@msn.com.....	(425) 259-4309
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