



BOEING RETIREE VOLUNTEER PROGRAM

SNO-KING BLUEBILLS

The Boeing Company
Box 3707 M/S OF-KA
Seattle, Wash. 98124-2207

Sno-King Boeing Retiree Volunteers General Meeting

Our speaker this month will be—

Rebecca Wallick, Author of Growing Up Boeing

**Boeing Everett Employees Activity Center
May 28th—4th Thursday, 1:00 PM**

Come early and share a snack and coffee and socialize

Bring another Boeing retiree—Bring dry food staples for the Food Bank

SNO-KING BOEING RETIREE VOLUNTEERS OFFICE & MEETING ROOM

Located in the Boeing Everett Activity Center which is 2½ miles North of the Boeing Everett Plant

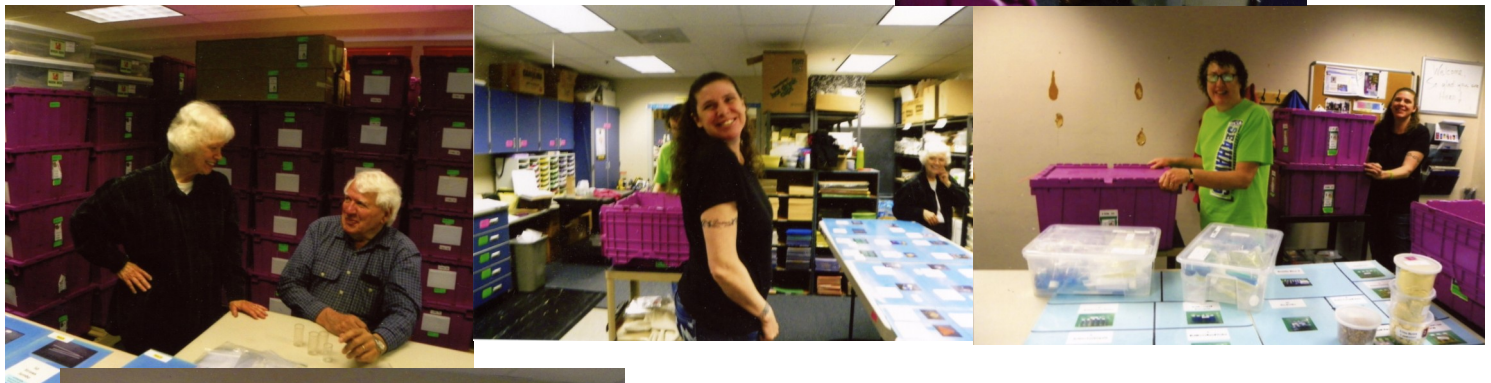
From either direction (East or West) on Highway 526 (Boeing Freeway), take the Seaway Blvd turnoff. Proceed northerly for approximately 2½ miles. The Activity Center is at the top of the next hill after you drive down through the big curve in the gully.

Lots of parking in front of the building.

Chairman's Report

The Central Leadership Committee, I am sure, will be happy to note that the Sno-King chapter has found a great need for the 3", 3 1/2", and 4" binders surplused by the Boeing Company and made available to the local school districts. Over 200 were delivered to the Everett School District and over 300 to the Granite Falls School District. They both thank the Boeing Company for their generosity. I snapped a few photos while at the Science Resource Center in Everett. Shirley Maynard, the Science Resource Center secretary, struck her best pose to show her appreciation. Other staff members and some Boeing Bluebills are hard at work putting together science kits for distribution to many schools throughout the district.

Bob Krull



Top photo: Shirley Maynard, Secretary
 Photos from left: Stan & Jan Shipley, Tara, Arlinda and Tara
 Bottom photo: Tara



Volunteer Hours

Hi All,
 It is time to submit your Bluebills volunteer hours for the month of April or any previous month. If you have hours that have not been reported, you may submit those also. Thanks for your input.

Max

New Member

Welcome to our new member, Carol Ubert. She is a friend and co-worker of another new member, Carolyn Jacobsen.

This newsletter

This newsletter is also on our website in [living color](#)

<http://www.bluebills.org/snoking.html>

Sew N Sews

April Meeting Photos

Thank you ---

CAROLYN JACOBSEN for the awesome Sea-hawks knitted hats. Whoever gets those is going to be so happy.

Here I would like to apologize to **JEAN DEERING AND LINDA BERQUIST** for not including them as being part of the early beginning days of Sew n Sews.

As a reminder to others – if I do something like that again – just wave your hand .

The only delivery this month was to Clothing and Textile Advisors of Snohomish County. It was a full box of yarn and fabric pieces. They are having a sewing camp for young people.

Sew long,

Rose

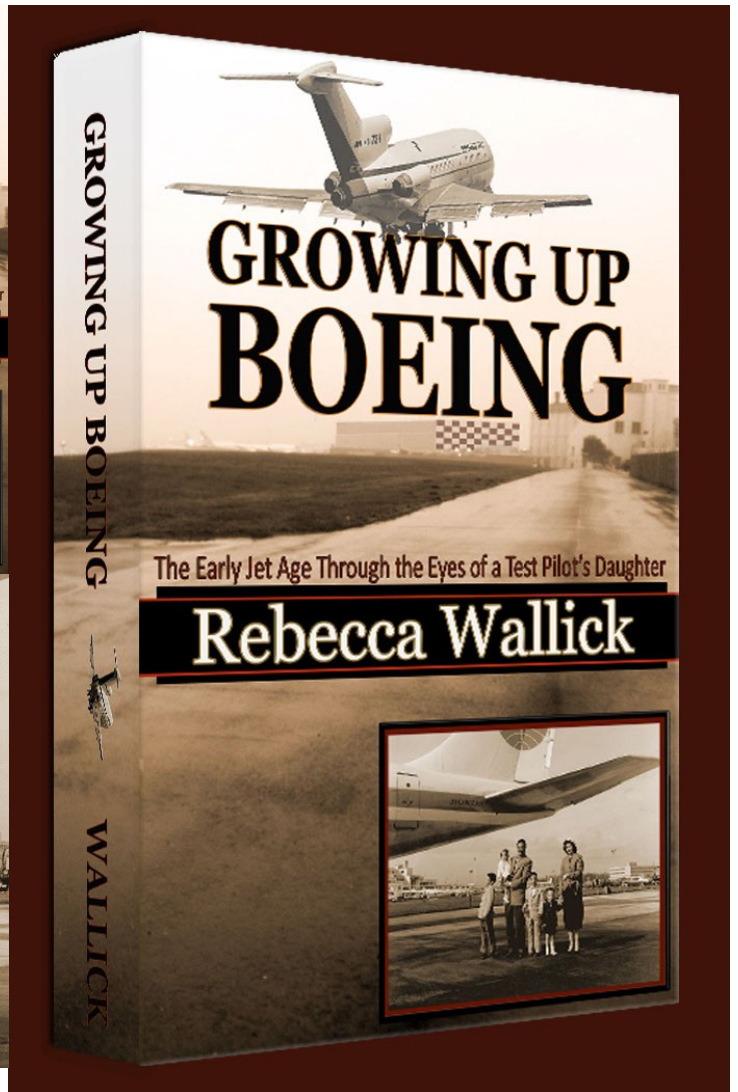
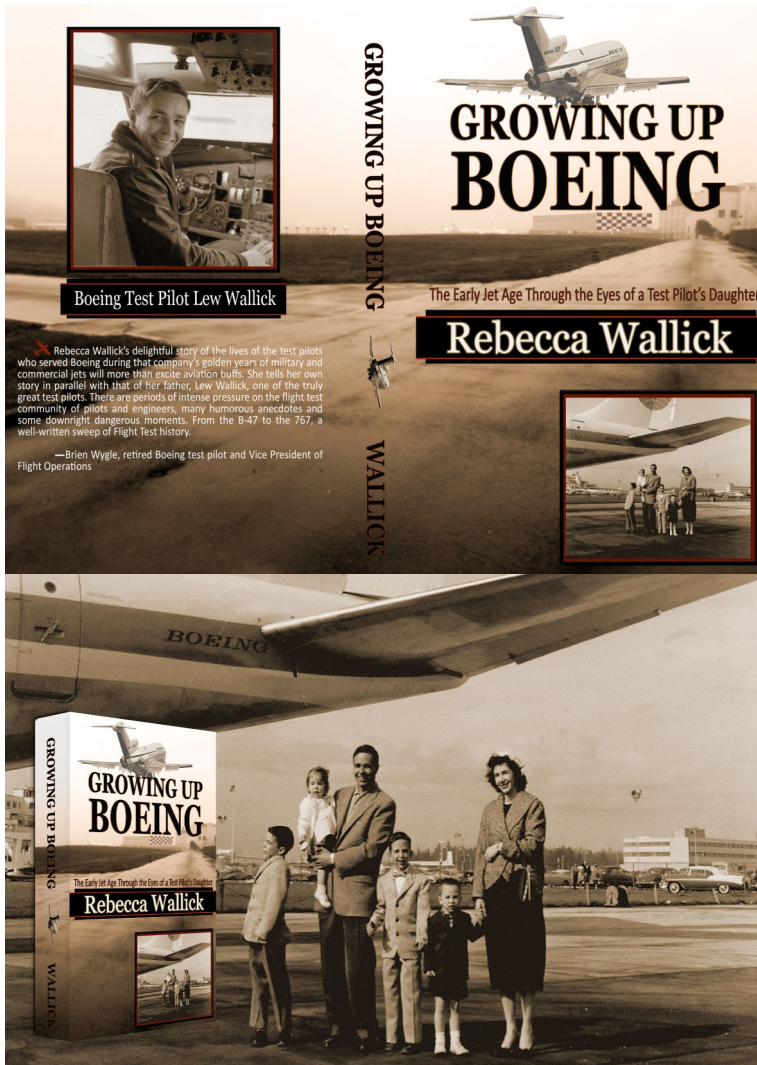


Guest Bio—Rebecca Wallick

Guest speaker: Author Rebecca Wallick, daughter of Lew Wallick, former Boeing Chief Test Pilot and Director of Flight Test.

Born in Seattle in 1956, Becky is the fourth and youngest of Lew’s children. She grew up surrounded by Boeing test pilots, engineers and their families. Her own family often entertained airline pilots and VIPs from around the world in an era when Boeing test pilots helped sell the airplanes they tested. By high school, Becky began to understand that her father wasn’t just another Boeing engineer. While studying history at the University of Washington in the early 1980s, she attended the first flights of the 767 and 757, her father in the cockpit both times, as well as the first flight of Lew’s favorite personal project, a restored 1926 Boeing P-12 biplane. After attending her father’s retirement party in 1986, Becky realized her father and the other test pilots of his era played an enormous role in commercial aviation history. Wanting to preserve the stories she’d heard growing up—stories about first flights and test flights; about accidents and close calls; about travels to all corners of the world demonstrating airplanes, often to famous people and heads of state—in 2000 Becky began interviewing her father and several other pilots and flight test engineers, breaking through their modesty about their own accomplishments. Those stories are woven into a memoir/biography that covers the 1950s through 1980s (the B-47 through the 767 – the Golden Jet Age), mixing amazing flying stories with glimpses of family life in a bygone era.

Rebecca is the Executive Director of MCPAWS and resides in Meadows Valley with her Australian shepherd Finn MacCool and Alaskan Malamute Conall. She is a recovering attorney who much prefers working with animals and writing.



Volunteer Opportunities

CURRENT/ONGOING –

FLYING HERITAGE COLLECTION (PAUL ALLEN'S) that showcases rare WWII-era military aircraft has volunteer positions available. Commitment is 6-8 hours a month May to September. For details contact Becky Forsberg 206-342-4255 or BeckyF@flyinheritage.com. Download application www.flyingheritage.com. Click “volunteers” at bottom of page.

SCIENCE RESOURCE CENTER – at Hawthorne School in North Everett. (North on Broadway, right turn on 12th, left at first stop sign and follow the road to the smaller parking lot at back of school.) Helpers are needed Tuesday, Wednesday or Thursday from 8:30 am to 1:00 pm. Contact Lee Thomas rob-lee@frontier.net.

ST. JOSEPH'S HOUSE – 1925 4th St. Marysville, Wa. Helpers are needed mainly on Tuesday, Thursday and Saturday. Web site – www.saintjosephshouse.org. Job consists of sorting through donations, helping clients, clean up, stock shelves and whatever is needed. Clients shop here for free clothing and housewares.

PROJECT LINUS – sewing groups that meet at various locations throughout the area. Quilts are made and donated to a variety of agencies and mainly for children up to age 18. A person can either sew a complete quilt or do partial project, for example – cutting blocks, assembling blocks for a quilt, sewing just the blocks, quilt tying, etc. You can do your part at home or in a group setting.

SEW N SEWS -- part of Sno-King Bluebills. This is open to those who like to sew, knit or crochet. Quilts and other items such as hats, scarves and afghans are all donated to a variety of agencies in the local area for the low income and homeless.

For more information re: the above contact Rose Johnson 425-259-4309.

UPCOMING VOLUNTEER OPPORTUNITIES

May 16 --- Paine Field Aviation Day—volunteers needed to help with setup the day before (Friday May 15), before, during and after the event Saturday, May 16. On Thursday, May 14, there will be a volunteer pizza feed and orientation meeting at the Paine Field Fire Station. On the day of event volunteers will receive free admission, t-shirt, food voucher and an invitation to volunteer appreciation 'after' event. Contact Frank Hummel (Volunteer Coordinator) Frankh909@gmail.com or 206-499-9384.

Volunteer Opportunities, continued

May 25 --- Memorial Day – Tankfest N-July 25 FHC –(Flying Heritage Collection) -- Sky Fair. Needed are traffic control, checking in volunteers, phones, etc. About 130 volunteers are needed. It's only for one day and you don't need airplane knowledge. For more info contact Becky Forsberg at 206-342-4255 or BeckyF@flyingheritage.com.

Submitted by,
Rose Johnson

People who Volunteer Live Longer

For older adults, it really is better to give than to receive, a University of Michigan (Ann Arbor) study suggests.

The study, published in the journal *Psychological Science*, finds that older people who are helpful to others reduce their risk of dying by nearly 60 percent compared to those who provide neither practical help nor emotional support to relatives, neighbors or friends.

“Making a contribution to the lives of other people may help extend our own lives,” says the paper's lead author, Stephanie Brown, a psychologist at the university's Institute for Social Research.

For the study, funded in part by the National Institute of Health, Brown analyzed data on 423 older couples who were first interviewed in 1987 and then followed for five years to see how they coped with the changes in later life.

In their first interview, couples were asked about any practical support they provided to friends, neighbors or relatives, including help with housework, child care, errands or transportation. They were also asked how much they could count on help from friends or family members if they needed it. Finally, they were asked about giving emotional support to or receiving it from their spouses.

Over the five-year period of the study, 134 people died. Brown found that people who reported providing no help to others were more than twice as likely to die as people who did give some help to others.

However, receiving help from others was not linked to a reduced risk of mortality.

“In other words, those findings suggest that it isn't what we get from a relationship that makes contact with others so beneficial, it is what we give,” says Brown. Call RSVP today at 425-374-6374 to get started living longer!

Annual Picnic—New Date—July 23, 2015

Come one, come all, to Kasch Park on Thursday, July 23, from noon until 5:00. The menu items will be hot dogs, hamburgers, cheeseburgers, barbeque chicken, plus one or two chef surprises that you will enjoy and will tickle your palate.

For entertainment, and to add some excitement to the festivities, we would appreciate some input on possible contests, games, or other activities.

Let your wishes be known, either in person at the general meeting, or by a phone call to me at 425-353-4840. I appreciate your interest and your responses.

Dave Skinner



DATE TO REMEMBER!!

Sno-King Boeing Retiree Volunteers Meeting, Thursday, May 28th at 1:00 PM

This month's speaker will be

Rebecca Wallick, Author of Growing Up Boeing

Sno-King Boeing Retiree Volunteers Council E-mail / Phone List

**Sno-King Boeing Bluebills office . . . (425) 717-6750 E-mail . . . snokingbluebills@boeing.com
Bluebill Web Page for all Chapters . . . www.bluebills.org**

Bob Krull.....	Chairman	sobison@aol.com	(360) 691-2210
Rose Johnson	1st Vice Chair/Sew 'n Sews.....	roza1@msn.com.....	(425) 259-4309
Dave Skinner.....	2nd Vice Chair/Environment Projects	crystal1921@comcast.net.....	(425) 353-4840
Stan Shipley	CLC Rep	ship38@comcast.net.....	(425) 487-2533
Max Hayashi	Volunteer Hours.....	macxh@earthlink.net.....	(360) 757-3099
James Bailey	Membership Recruitment		(425) 387-4165
Lee Thomas.....	Special Projects Coordinator	robtlee@frontier.net	(425) 334-7645
Diane Sellinger.....	Newsletter Editor	dps1487aa@gmail.com	(425) 267-9257
Alan Gale	Office Staff	alang70@comcast.net.....	(425) 347-3598
John Stearman	Lively Environmental Center.....	cell 425-232-0688.....	(425) 948-0688